

Post 16 Options

Information on Post-16 options: <https://nationalcareers.service.gov.uk/careers-advice/career-choices-at-16>

Further Education, Progression into Independence, Work and Life Courses

Lots of young people continue in education as a Post-16 option, on supported courses. Many colleges offer courses with lots of support in the classrooms but also during breaks and lunchtimes. Example providers in and around Northamptonshire:

- Northampton College www.northamptoncollege.ac.uk
- Molton College www.moulton.ac.uk
- Bedford College <https://bedfordcollegigroup.ac.uk/>
- Leicester College <https://leicestercollege.ac.uk/>
- Hampton Bridge School <https://hamptonbridgeschool.co.uk/>
- Canto www.cantolearning.co.uk
- On Track Education <https://ontrackededucation.com/schools/northampton>
- WiEducate <https://wieducate.com/>
- Billing Brook Special School: www.billingbrook.co.uk
- Sense College www.sense.org.uk/our-services/education-and-work/sense-college
- National Star www.nationalstar.org

Further schools/colleges/sixth forms can be explored via:
www.futuredestinations.co.uk/providers

Apprenticeships

Apprenticeships are real jobs where you learn, gain experience and get paid. An apprenticeship should give you the skills, knowledge and experience for a chosen career. Apprenticeship vacancies specify entry requirements and any qualities the employer is looking for. You can search for live vacancies and set up alerts for upcoming apprenticeships opportunities via:

[Find an Apprenticeship.gov.uk](https://findanapprenticeship.gov.uk)

[Get My First Job](#)

[Amazing Apprenticeships](#)

Please also check for local vacancies on college and apprenticeship provider websites, such as: [Northampton College](#), [Molton College](#), [Bedford College](#), [Leicester College](#) and [Starting Off](#)

The following resource shares some useful information on apprenticeships for people with a learning disability:

www.mencap.org.uk/sites/default/files/2020-02/20120.009%20LDWW2019_Factsheet%207.pdf

Supported Internships

Another option is a supported internship, where you would spend most of your time in the workplace usually for at least 6 months, and you have support from a qualified job coach. You also have a personalised study programme, including the chance to study a relevant qualification, if suitable, and English and Maths to an appropriate level. You need to have an Educational, Health and Care Plan and you may also be eligible for Access to Work

Funding: <https://www.gov.uk/access-to-work>

Further information on supported internships can be found via:

<https://nationalcareers.service.gov.uk/careers-advice/career-choices-at-16#supported-internships>

Other opportunities can be explored through:

- Supported internship guidance: <https://tinyurl.com/3x4xk47u>
- Quick guide: <https://tinyurl.com/yumffwhz>
- Northampton College: <https://tinyurl.com/4tt6uksx>
- Molton College: <https://tinyurl.com/bdzknd76>
- [Mencap Supported Internship](#)
- [BOSS Supported Internship](#)
- [Shaw Trust Supported Internship](#)
- [Health Education England](#)

Other useful resources and information

Your local authority's Information Advice and Support (DiAS) provide information, advice and support on matters relating to children and young people with special educational needs and disabilities. The service is offered to parents and carers of children and young people aged between 0 and 25 years old:

- West Northamptonshire www.westnorthants.gov.uk/local-offer
- North Northamptonshire www.northnorthants.gov.uk/schools-and-education/local-offer-send-and-ehc-plans

16-19 Bursary Fund:

www.gov.uk/1619-bursary-fund

Access to work Scheme:

www.gov.uk/access-to-work

Health Care Travel support scheme through the NHS:

www.nhs.uk/nhs-services/help-with-health-costs/healthcare-travel-costs-scheme-htcs

National Autistic Society:

www.autism.org.uk

Supported employment and job coaching for people with disabilities:

www.maximusuk.co.uk/all-insights

Support with education, skills and work through Mencap:

www.mencap.org.uk/advice-and-support/employment

Support from Disability Rights UK:

- Get Ahead Newsletter: www.disabilityrightsuk.org/get-ahead
- Helpline and support: www.disabilityrightsuk.org/disabled-students-helpline
- Apprenticeships: www.disabilityrightsuk.org/resources/apprenticeships